

Nutrition Facts

Serving Size 4 oz (112 g)

Servings Per Container 0

Amount Per Serving

Calories 200

Calories from Fat 120

	% Daily Value*
Total Fat 14g	22%
Saturated Fat 5g	25%
Cholesterol 55mg	18%
Sodium 840mg	35%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Sugars 2g	
Protein 16g	

Vitamin A 0%

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Vitamin C 0%

Calcium 0%

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Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4