

# Nutrition Facts

Serving Size 2 oz (56 g)

Servings Per Container 1

## Amount Per Serving

**Calories 90**

Calories from Fat 35

### % Daily Value\*

**Total Fat 4g** 6%

Saturated Fat 1.5g 8%

**Cholesterol 35mg** 12%

**Sodium 300mg** 13%

**Total Carbohydrate 1g** 0%

Dietary Fiber 0g 0%

Sugars 1g

**Protein 12g**

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4