

Nutrition Facts

Serving Size 1 piece (130 g)

Servings Per Container 4

Amount Per Serving

Calories 340

Calories from Fat 240

	% Daily Value*
Total Fat 27g	42%
Saturated Fat 10g	50%
Cholesterol 85mg	28%
Sodium 1020mg	43%
Total Carbohydrate 3g	1%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 22g	

Vitamin A 35% • Vitamin C 4%

Calcium 0% • Iron 15%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4